SATURDAY, DECEMBER 29, 2012
8:00AM TO 3:30PM

ANTIOCH HISTORICAL SOCIETY MUSEUM
1500 W. 4TH STREET AT THE INTERSECTION OF SOMERSVILLE AND 4TH.
NEXT TO THE BABE RUTH FIELDS

An all-star collection of college and high school coaches and professional players will present, demonstrate and discuss successful techniques & strategies for the upcoming season.

Instruction is targeted toward coaches and parents of high school, travel ball and Babe Ruth/Pony League teams.

EARLY BIRD REGISTRATION PRIOR TO DEC. 15TH $20.00
LATE OR AT THE DOOR REGISTATION $25.00

Fee includes speakers, subject packet, lunch, coffee, water, sodas, snacks. Raffle prizes and a tour of the Museum.

Perfect as a holiday gift for your coach or parent. Pre-register by DEC. 15 and receive a discounted price and a Christmas Gift Card

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PRE-REGISTRATION: **NAME**_____

ADDRESS_____

PHONE #_____ **EMAIL**_____

IF A GIFT, RECIPIENTS NAME:_____

Meal Selection (Choose one): Roast Beef ___ Turkey___ Salami___

MAKE CHECKS PAYABLE TO: **ANTIOCH SPORTS LEGENDS**
C/O DAVID SANDERSON
201 WILLIAM REED DRIVE
ANTIOCH, CA. 94509

THE DAY'S LINEUP

8:00 AM PREGAME: REGISTRATION AND SIGN UPS; COFFEE AND REFRESHMENTS

8:30 AM GROUND RULES: JOHN WHITMAN

8:35 AM 1ST INNING: PRACTICE ORGANIZATION: HEEB

9:30 AM 2ND INNING: PITCHING MECHANICS & BALL MOVEMENT: ROUNSAVILLE

10:25 AM STRETCH AND RAFFLE

10:35 AM 3RD INNING: CATCHING SKILLS AND CALLING THE PITCHING GAME: QUIRICO & NICHOLS

11:25 AM 4TH INNING: INFIELD PLAY AND TURNING THE DOUBLE PLAY: MILES AND OLIVER

12:20 PM LUNCH

1:00 PM 5TH INNING: BASERUNNING PHILOSOPHY AND STEALING SECOND BASE: LUNA

1:55 PM 6TH INNING: HITTING SKILLS AND DRILLS; COUNT HITTING PLAN: WHITMAN

3:00 PM 7TH INNING: OUR FAVORITE DRILLS

3:20 PM POSTGAME: RAFFLE, SOCIAL, SNACKS AND SNAPSHOTS

ROSTER

Butch Rounsaville	**Pitcher**	**Chicago White Sox**
Aaron Miles	**Infielder**	**Colorado Rockies, St. Louis Cardinals, Chicago Cubs, Los Angeles Dodgers**
Brian Oliver	**Infielder**	**AA Texas Rangers and Anaheim Angels, California Golden Bears**
Jay Heeb	**Head Coach**	**Alhambra High School**
Mike Luna	**Head Coach**	**Mission College**
Brian Nichols	**Head Coach**	**El Cerrito High School**
Larry Quirico	**Former Head Coach**	**Contra Costa College**
John Whitman	**Former Head Coach**	**Los Medanos College, Antioch High School**